



# The Constantine Sig

Psi Chapter of Sigma Chi at the University of Virginia • Spring 2026

## Know a Brother We Should Spotlight?

WE'RE LOOKING FOR GREAT STORIES

Each year, the *Constantine Sig* newsletter features Alumni in our spotlight section, and we're always searching for compelling stories about our Brothers and their families. Too often, we find ourselves scrambling at the last minute. Help us change that.

We're especially eager to highlight younger Alumni from the classes of 1995-2020. Career milestones, family updates, unique experiences, or entrepreneurial ventures are a great place to start. If it's meaningful, we want to hear about it!

There's no deadline. Submit names and ideas anytime, and we'll feature them in upcoming issues. Send nominations or ideas to **Bruce Walter '83** at [bwalter79@gmail.com](mailto:bwalter79@gmail.com) or (551) 206-9549.

Contact Me!

## FROM PRESTON PLACE TO PACIFIC SWELLS

*Brotherhood That Endures*

Originally joined Sigma Chi at the urging of my parents, a Psi and a sweetheart in the class of 1983, but the friends I made there quickly made it feel like a natural choice. During my time in Psi Chapter, we spent countless hours listening to foreign music and fantasizing about traveling the world to experience it firsthand. Sadly, my engineering curriculum didn't make a semester abroad easy, but I always consoled myself with the half-serious dream of living abroad later in life. A couple of years after graduation, I felt ready to live that dream.

I called up my friend **Trevor Atkeson '20** and gave my best pitch: "You know what would be awesome? If we moved to Australia." Admittedly, it was a ridiculous proposal. But if I could convince anyone, it was Trevor. He grew up in Beijing, shipped off to an American boarding school at 14, and spent a college semester abroad in Copenhagen dabbling in a third language. A week later, Trevor was in—not just for the move, but for at least four years. While I found a job in Sydney, he'd enroll in a Ph.D. program.

After about nine months of planning (mostly talking about how good we'd be at surfing) and a brief stint in Southeast Asia following the recommendations of other Psis (summary: ride the Ha Giang Loop), Trevor and I landed in Sydney. The logistics of the move, while tedious, turned out to be easier than expected. After escaping the Bermuda Triangle of not having an Australian address, phone number, or bank account, we were free to put most of our energy outside of work toward exploring.

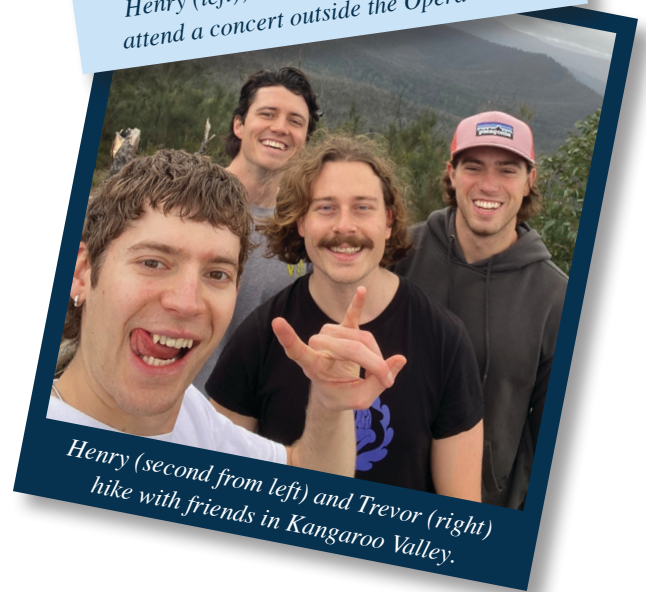
We learned that surfing is harder than it looks—but worth the time. We attended dozens of concerts and made plenty of friends in the crowds. To assimilate with those Australian friends, we cycled through various stages of bad mustaches and awesome mullets.

Ultimately, the only major obstacle to living my Australian fantasy was having the nerve to make it happen. Once Trevor was on board, I knew we'd be fine. He'd introduce me to any friends he made and I'd do the same, and on the days we found ourselves otherwise alone, we'd have each other. I've yet to find another organization where I could convince someone to move to Australia with me. We built that trust during college, and that kind of friendship is why I joined Sigma Chi.

In Hoc,  
**Henry Clabby '20**



Henry (left), Trevor (middle), and friends attend a concert outside the Opera House.



Henry (second from left) and Trevor (right) hike with friends in Kangaroo Valley.

# MOVING WITH MOMENTUM

## New Consul Reflects on Strong Semester

Hello! My name is **Jimmy Flinn '28**, and I am the new consul of Psi Chapter. It has been quite a ride to get to this point, but I am grateful for the opportunity and excited to help continue the historic legacy of this House.

The fall semester was chaotic, to say the least, but it was filled with unforgettable memories, including tailgates, sorority parent formals, and a revolutionary football season that, unfortunately, ended in heartbreak. Once again, our fraternity flag football team proved dominant, with **Daniel Fredbeck '25** serving as our saving grace (ZBT will never get over it).

The second half of the semester was especially electric, fueled in part by the Hoos dominating on the football field. Whether we were at the bars or driving down to Charlotte with six Brothers in a car realistically built for four, it was some of the most fun I've experienced in my life (I've tried to forget the outcome of the Duke game).



*Ritik Verma '24 and Jimmy Flinn '28 outside the Guggenheim building in New York City. Jimmy was on a UVA Finance Trek, going through his Investment Banking recruitment, and met with Ritik to discuss how to best prepare for the process. Jimmy now has an offer for Guggenheim Securities Investment Banking in 2027.*



*Psi Chapter gathers for our 2026 portrait.*



*Our fourth-year Brothers (and an intruder) are happy and hopeful at the ACC Championship game in Charlotte. That jovial mood dissipated in overtime.*

Beyond the excitement, we celebrated meaningful accomplishments. **Joe Hardy '26** and **Jack O'Hearn '27** completed the St. Jude Marathon in support of cancer research, which was an incredible testament to their dedication. **Corey Park '27** logged more than 80 hours volunteering at a senior center in Charlottesville and has spent the past two years researching myotonic dystrophy, earning recognition on a recently published paper. Reading that back makes it clear I have some catching up to do on the philanthropy front! When your Brothers are running marathons, volunteering countless hours, and contributing to medical research, it is hard to justify sitting on the sidelines.

Improving our national standing has been a years-long effort, led by our outgoing and incoming executive boards and supported by the commitment of the entire Chapter. We are proud to share that Psi was nominated for—and won—an Outstanding Chapter Award for 2025. This recognition reflects the hard work of every Brother as we enter the spring semester and begin formal recruitment. The 800-person open house may not get easier during my time at UVA, but I have great confidence in the men who will shape the future of our Chapter. With warmer weather approaching, Parent's Formal ahead, and Derby Days on the horizon, there is plenty to anticipate.

If this past year has taught me anything, it is to relinquish rigid expectations and embrace the opportunities in front of you. When I entered my second semester, I knew very little about Sigma Chi. Today, it stands as the foundation of my experience at UVA. I am proud to say I am and always will be a part of this brotherhood.

Stepping into a role that Luke excelled in means stepping into something much larger than myself, but I would not have it any other way. This House has given me lifelong Brothers along with strength, confidence, and the ability to connect with others in ways I never imagined.

As consul, my goal is not to reinvent what we already do well, but to build upon it by raising the bar for philanthropy, holding ourselves to a higher standard of accountability, and continuing to enjoy the moments that make this experience special. If we can maintain the energy and brotherhood that define Psi, I believe the best is still ahead of us.

## WELCOME, NEW MEMBERS

**Charles Adams** | Southport, Conn.  
**Gabriel Attie** | Panama City, Panama  
**Christopher Baglio** | Charlottesville, Va.  
**Cyrus Ballo** | Baltimore, Md.  
**John Bishop** | Fayetteville, Ark.  
**Adam Blum** | Atlanta, Ga.  
**Nico Estrada** | Monterrey, Mexico

**Davis Funk** | Virginia Beach, Va.  
**Zachary Geoghegan** | Great Falls, Va.  
**Ilan Goldstein** | Horsham, Pa.  
**Anton Kesting** | Biarritz, France  
**Michael McAuliffe** | Warrenton, Va.  
**Andrew Middleton** | Arlington, Va.  
**John Poplawski** | Fairfax, Va.

**Titus Powars** | McLean, Va.  
**Thomas Repke** | McLean, Va.  
**Andrew Rourke** | Lake Forest, Ill.  
**Jamie Sachs** | Marblehead, Mass.  
**Porter Schlamme** | Larchmont, N.Y.  
**Jan Schreiber** | Monterrey, Mexico  
**Eyosias Seyoum** | Alexandria, Va.

**Joey Smith** | Chesterfield, Va.  
**Beau Souders** | Oaktown, Va.  
**Beckett Stallard** | Alexandria, Va.  
**Wade Sturman** | Charlottesville, Va.  
**Antonio Vasquez** | Bogotá, Colombia  
**Hunter Wertheim** | Charlottesville, Va.



# Sigma Chi Connections

## THE BROTHERHOOD'S LASTING IMPACT ON THE SENELL FAMILY

Since **Martin '59** joined Sigma Chi in 1956, the Brotherhood has remained a special part of the Senell family's lives.

Drawn to UVA for its honors system, Martin found that the Sigma Chi Creed closely mirrored those values. "I guess I subconsciously knew it was going to be the right fit—that it was going to be the kind of people and the kind of organization I wanted to be in."

While going through recruitment in 1955, Martin met Shelby, who was a student nurse and a fraternity Brother's girlfriend. "When they broke up, I stepped right in," he joked. Shelby and Martin were married in 1957, and in 1958, she became a Sigma Chi Sweetheart.

"That was one of the highlights of my life," Shelby shared. "I loved being a Sweetheart. It was a great honor. I loved all the guys; they treated us beautifully, and I can say nothing but huge accolades."

Growing up hearing stories about Sigma Chi from Martin and Shelby, **Mark '87** already intended to go through Sigma Chi recruitment. The Brothers he met were kind and supportive, and when Mark decided to wait until spring's recruitment, the Psi men continued to invite him to events and activities.

Sigma Chi gave Mark, Martin, and Shelby many of their closest friends. "Starting back in the '80s, about 25 Brothers in the class of '58, my class of '59, and the class of '60 started getting together. At first every other year, then every year, we would get together one football weekend."

*Martin and Shelby at the Sweetheart Ball in 1958.*



*Martin under the gross bunny he made in 1959.*

Now down to five from the original group, Mark has also joined their reunions, including a dinner together in 2024. They look forward to gathering again this year.

Beyond friendships, Martin and Mark have remained connected with Sigma Chi in other ways. In the '60s, when Martin lived in Virginia, he would make the journey to Charlottesville to help with initiation. When Psi was getting ready to renovate the Chapter House a few years ago, former House Corporation Board president **Don Sours '58** invited Martin—an architect—up to discuss plans.

Mark's motivation to remain involved stems from Martin and Don's relationship, and he now serves as the House Corporation Board president. "If it weren't for them, I probably wouldn't be doing it today," Mark said.

Working as the House Corporation Board President, Mark added, "has helped me to connect with younger Psi alumni and also reconnect with Psis from my own generation," Mark said.

You can connect with Martin at [msenell@triad.rr.com](mailto:msenell@triad.rr.com) and Mark at [markvsenell@gmail.com](mailto:markvsenell@gmail.com).



*Alumni gather for dinner in 2024. From left: Martin, Mike Daniel '58, Phil Cox '58, George Wilkes '58, Paul Hammack '62, and Mark.*

## Who Will Carry the Torch?

### Send Us Your Member Recommendations

From one generation to the next, our brotherhood endures through those willing to continue our Psi traditions. Who do you know with the resilience, leadership, and honor to carry our brotherhood's torch into the next generation?

Help us find the young men who will honor our past and shape what comes next. Send their info, including how we should contact them, their hometown and year in school, and why you think they'll fit right in with Sigma Chi, to **Nick Foster '28** at [nickfosterva10@gmail.com](mailto:nickfosterva10@gmail.com) or **Ben Brockmeier '28** at [benbrockmeier15@gmail.com](mailto:benbrockmeier15@gmail.com).



## GOALS FOR 2026

**BUILD** on the momentum of Derby Days 2025 by increasing participation, strengthening community partnerships, and expanding our impact through service and fundraising.

**INVEST** in leadership development to prepare Brothers for roles within the Chapter and beyond. Promote academic, professional, and personal growth through mentorship, peer support, and increased participation in Horizons and KTLW.

**RECRUIT** men who align with Sigma Chi's values and strengthen Chapter culture. Improve the new and Active member experience to retain engaged, committed Brothers, prioritizing character, leadership, and brotherhood over numbers.

**STRENGTHEN** relationships with regional and national leadership through consistent communication, proactive outreach, early collaboration, and ongoing partnership in planning and risk management.

# WHAT'S INSIDE



## UNDERGRADUATE NEWS

We earned the 2025 Outstanding Chapter Award!



## ALUMNI SPOTLIGHTS

Read about the Senell family



## SAVE THE DATE

Second Annual Psi Golf Tournament



Joseph Hardy '26 and John Catalano '27 after completing the St. Jude Marathon in support of pediatric cancer research.



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Psi of Sigma Chi Alumni



Psi of Sigma Chi – UVA



## SAVE THE DATE Second Annual Psi Golf Tournament

**WHEN:** Friday, April 10, from 10 a.m. onward  
Rain Date: Saturday, April 11

**WHERE:** Old Trail Golf Club  
5494 Golf Drive, Crozet, VA 22932

### COST AND PAYMENT DETAILS

- \$160 per golfer – includes range balls, green fees, carts, prizes, box lunch, and happy hour at the Chapter House
- Payment due ASAP
  - Pay via Venmo: @psiofsigmachihousecorp
  - Send a check payable to: Psi of Sigma Chi House Corp.

Sign-ups from foursomes are greatly appreciated. Please let us know who you'd like to play with, and we will do our best to accommodate.

### PAYING BY CHECK OR HAVE QUESTIONS?

**Bruce Walter '83**

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bwalter79@gmail.com | (551) 206-9549

## WHY THEY WENT SIGMA CHI

**ZACH GEOGHEGAN '29**

"I joined because this fraternity felt like a place where I could grow as a leader while gaining Brothers who genuinely have my back."

**ILAN GOLDSTEIN '29**

"I chose Sigma Chi because it pushes me to be better academically, socially, and as a person."

**JOHN POPLAWSKI '29**

"I chose to join the Chapter because of the welcoming guys and the amazing recruitment events that showed off the House."

SEE A FULL LIST  
OF NEW MEMBERS  
ON PAGE 2!

